

## SAIVISM – Group 1

I am a Hindu Saivite and Saivism is my religion. It is the oldest religion in the world and we worship Lord Shiva as our main God.

Lord Shiva is like our mother and father. He is love – “Anbe Sivam”. Thus, as Saivites, we must love all living creatures.

We believe in one omnipresent God – Lord Shiva, and that “Thenaadudaiya Sivane Potri, Ennartavarkum Iraiva Potri – the God who is common to the whole world is worshipped as Lord Shiva in the Tamil Land.”

Daily prayers at home,  
singing Thevarams and other devotional songs,  
respecting our parents and elders,  
regular worship at the Temple,  
the study of our holy scriptures  
and helping the needy and the sick are important aspects of our faith.

We must try to fill every part of our lives with the thought of our beloved Lord. Only then can we become perfect vessels to receive His Grace.

“Meynmaikol Saiva Neethi Vilangkuha Ulaham Ellaam” –  
“May the eternal Saivite philosophy enlighten all and spread throughout the world”